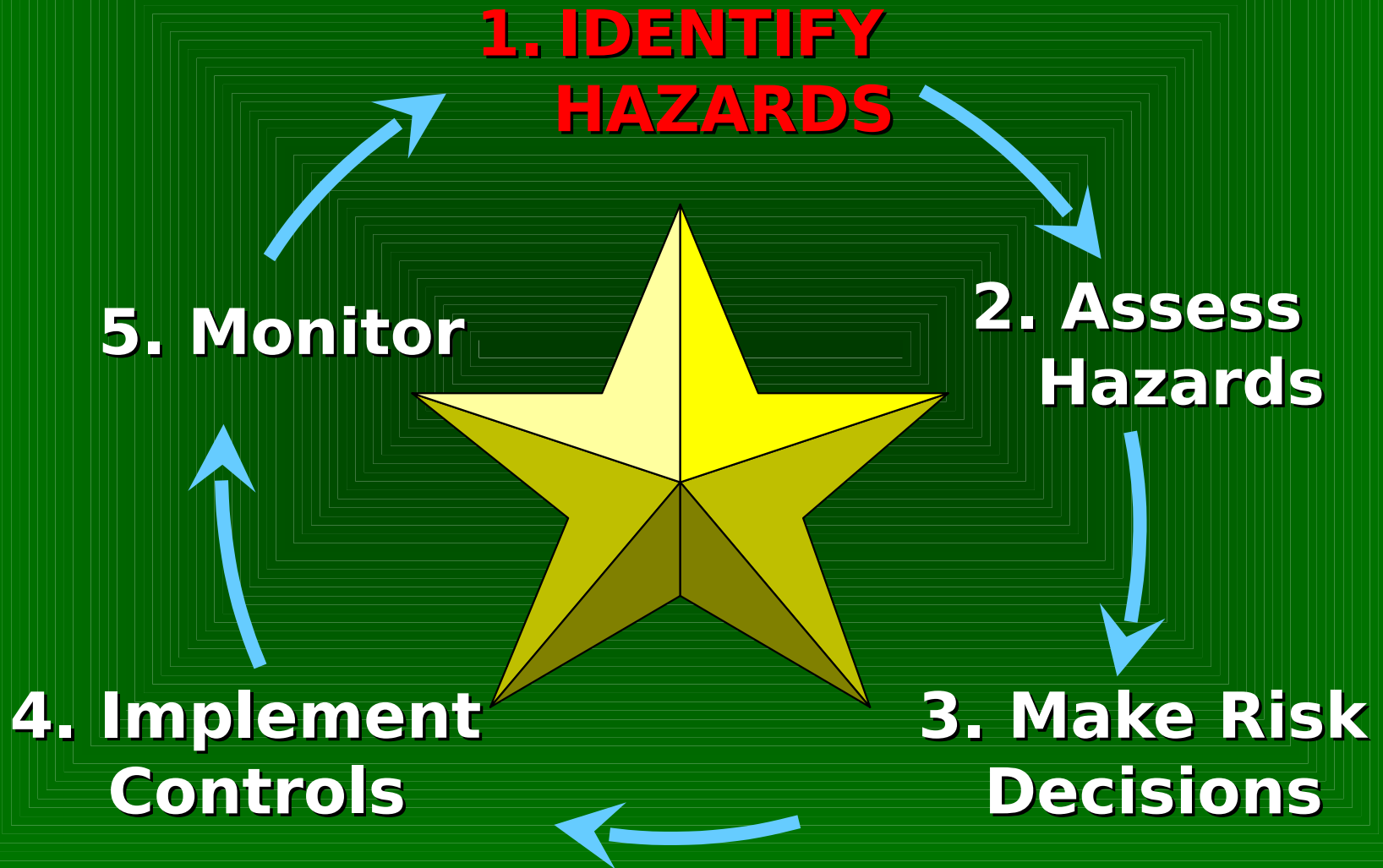




Naval Safety Center Holiday Safety

5 STEPS OF ORM



kenguur

BREAK.com



Manage Your Risk

During Seasonal Outdoor Activities!



Be Prepared !

Prepare for outdoor activities
Inform someone of your location
Wear the proper gear
Wear layered clothing outdoor
Wear a hat!
Don't over exert yourself





Holiday hazards

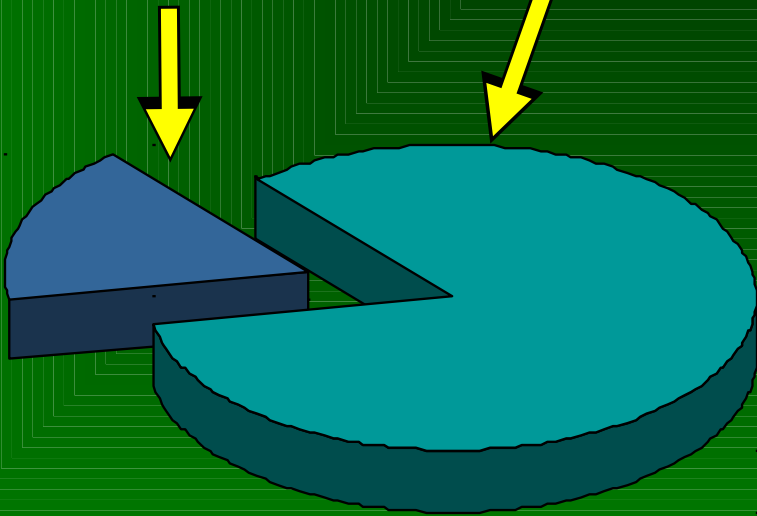


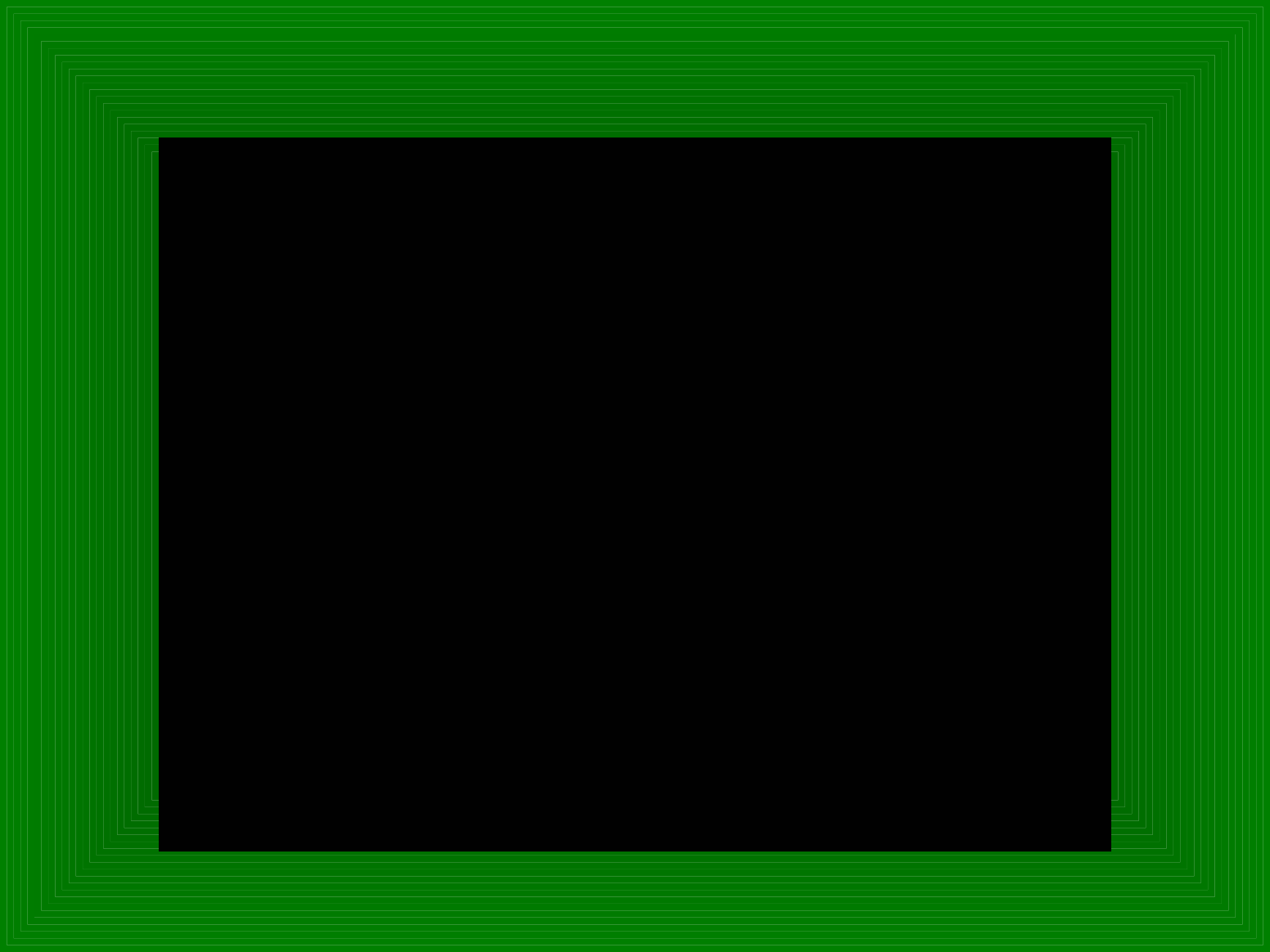
Lots of funny pictures at www.SurferSam.com

LADDER MISHAPS

**6,000 FATALITIES
PER YEAR**

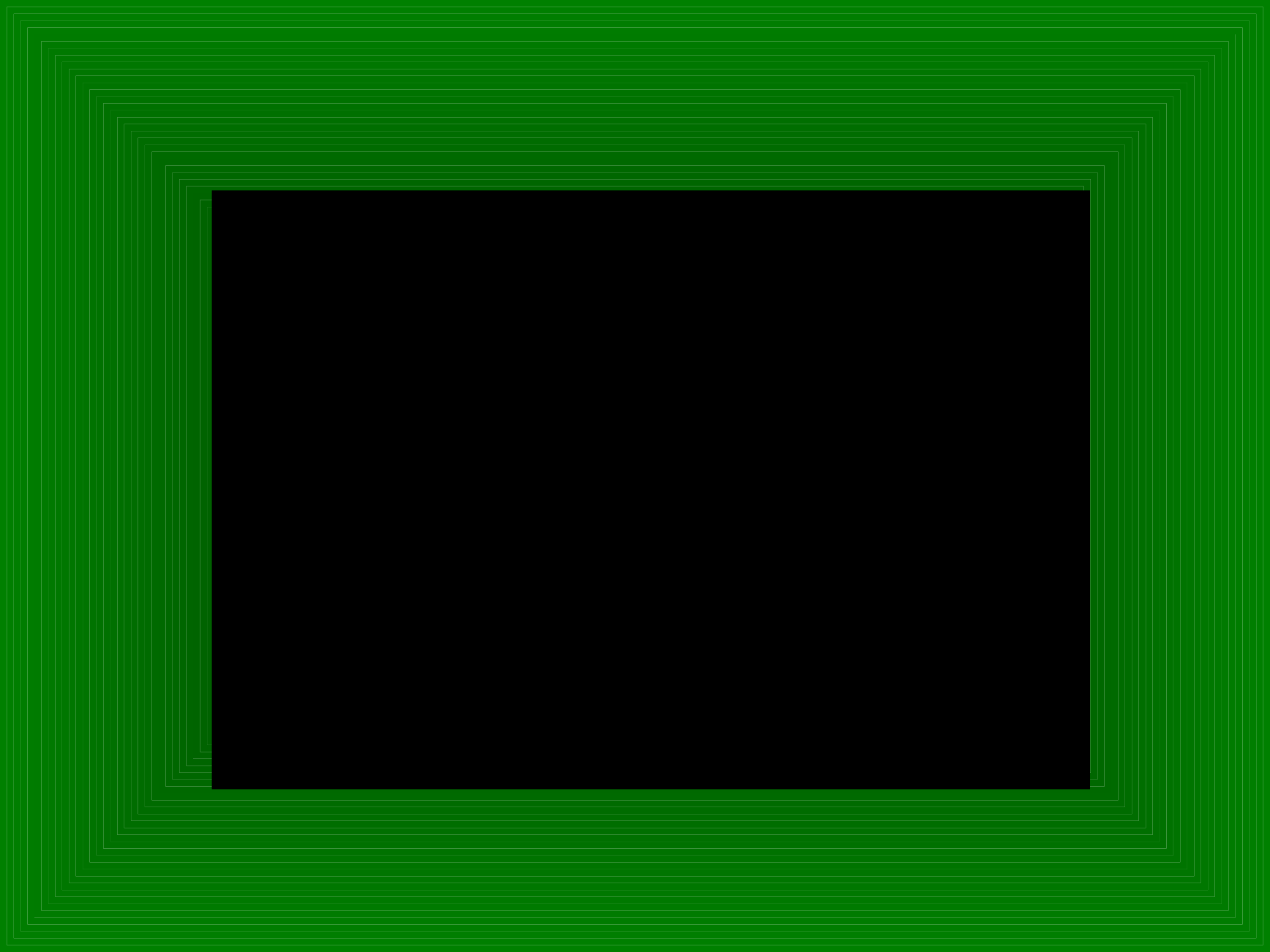
**30,000
INJURIES
PER YEAR**





Turkey Fryer Safety

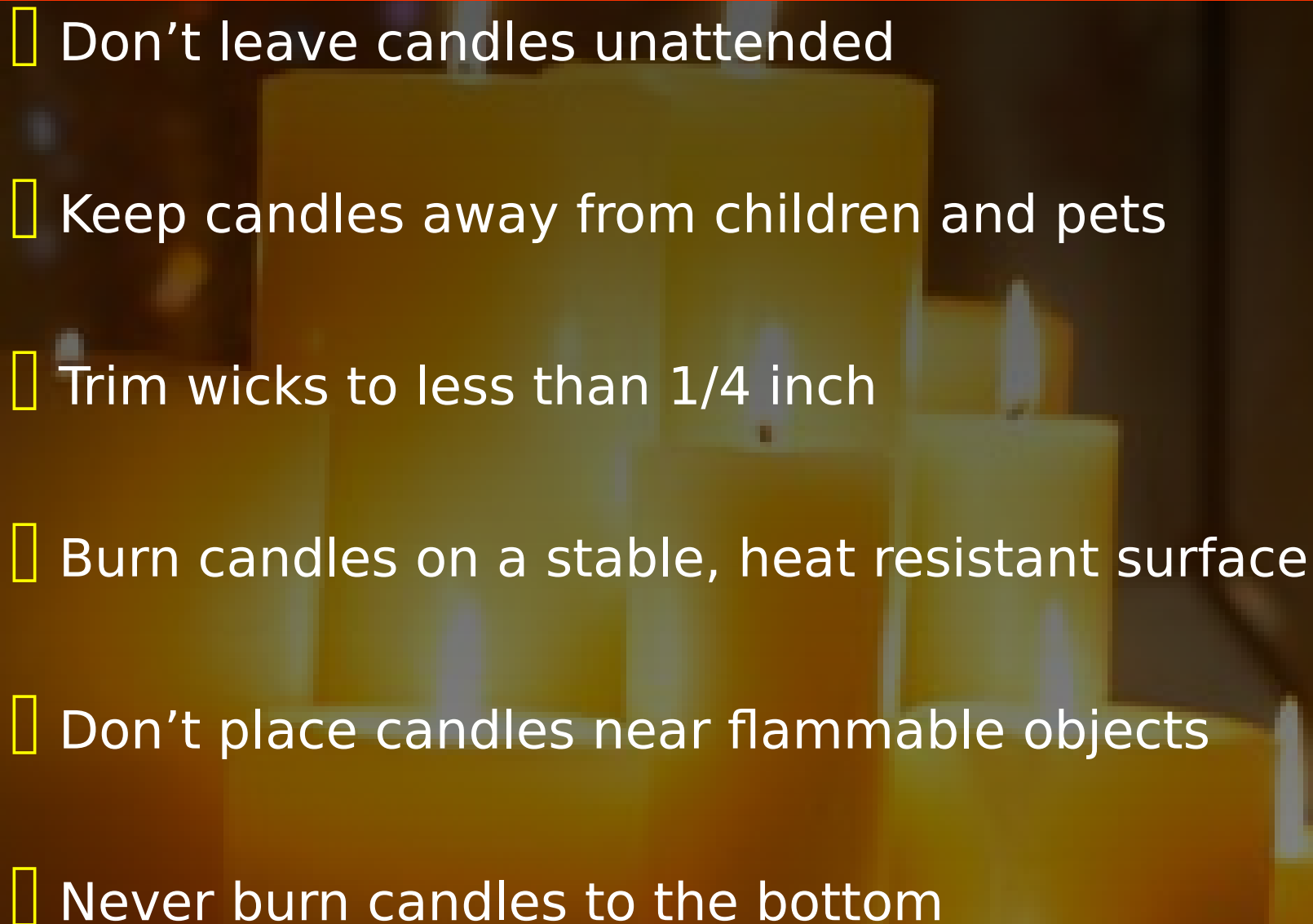




Holiday Fires





- 
- ❑ Don't leave candles unattended
 - ❑ Keep candles away from children and pets
 - ❑ Trim wicks to less than 1/4 inch
 - ❑ Burn candles on a stable, heat resistant surface
 - ❑ Don't place candles near flammable objects
 - ❑ Never burn candles to the bottom

**36% of
residential
home fires
Originate from
Heating
Sources**



Dry Scotch Pine Tree Fire



Have operable fire extinguishers and smoke detectors



Holiday Lights



Turn off the
lights



DO NOT Overload
Circuits

Check Lights



**Let someone know
where you are**

**Carry your cell
phone**

Go with friends

**Avoid dark roads
and parking lots**



HOME SAFETY



**Turn on entrance
light**

Set your alarm

**Lock doors &
windows**

Leave lights on

Stop mail & papers

**Have a neighbor
check on your home**

**DON'T BE AN EASY
TARGET!**



WINTER DRIVING TIPS



**Reduce
lane
changes**

**Use the 5 to
3 second
rule.**

**Stay in the
clear lanes.**

**SLOW
DOWN !**

**Avoid
hard
braking.**

**Drive with your
headlights on.**



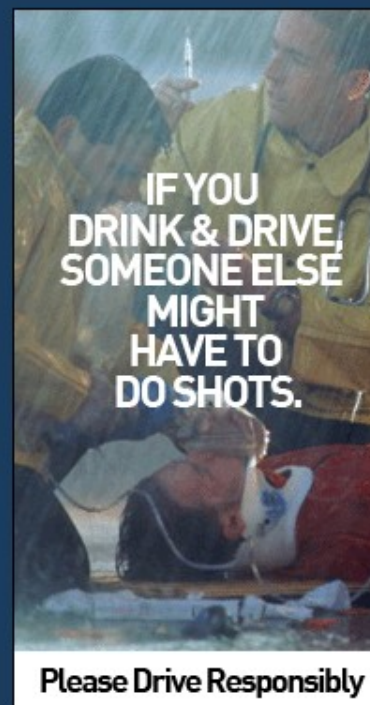
Guzer.com

Risk Management for Fall and Winter Driving

- Is my car ready for the weather?
- Can I make this trip later?
- What would be the safest route?
- Am I prepared for emergencies?
- Travel Risk Planning System (TRiPS)

**TRAVEL RISK
TRIPS
PLANNING SYSTEM**[SUPERVISOR](#) | [MY PROFILE](#) | [LOG IN](#)[HOME](#)[ROUTE](#)[DETAILS](#)[ACCIDENTS](#)[REVIEW](#)[ASSESSMENT](#)[MAP & GO](#)**New to Traffic Risk Assessment?**[Register](#)[Forgot Your Password?](#)**Log In using your Email Address and Password**Email Address: Password: **Log In**

Having trouble logging in? If you're a new user and you didn't receive your account activation email, [click here](#) and we'll re-send it to you.

**Please Drive Responsibly**[PRIVACY](#) | [CONTACT](#) | [TECHNICAL & SITE FEEDBACK](#)

Pre-trip

Inspection:

- ⊗ Tires
- ⊗ All lights
- ⊗ Wiper blade
- ⊗ All hoses
- ⊗ All belts
- ⊗ Battery
- ⊗ All fluids.



Road Side Emergency kit



- Jumper cables
- Flares or Triangles
- A first-aid kit
- Basic tool kit
- Good Spare-tire
- Tire-inflator kit
- Tire-pressure gauge
- Water
- Blankets
- Candle/matches
- Flashlight
- Cat litter/sand
- Shovel
- Non-perishable food

Stay in your vehicle

"THE FATAL FOUR"



Drinking and Driving



**Driving Too Fast
for Conditions**



**Driving/Riding
Without Seatbelts**



**Falling Asleep at
the Wheel
Distracted
Driving**





Fatigued Driving

**144 Total Vehicle Fatalities for FY
2006**

29% were due to fatigued driving.

This Has Doubled From

Previous Years!



Driving Distractions



Distractions Can Kill !



**Slow Down
and**



**Buckle up
Every Trip...
Every Time!!!**



vidman.ca

New Virginia DUI Laws

Punishment for drinking and driving can include but is not limited to...

- ☐ Fines**
- ☐ Loss of driving privileges**
- ☐ Mandatory alcohol education classes**

A DUI arrest triggers an immediate 7-day driver's license suspension.

M 02:07:05
10-15-06



Don't drink and drive
Get a designated driver
Leave your keys at the door
Call a Taxi or Friend



Only **TIME** can sober you
up

The background of the slide is a photograph of a well-stocked bar. Multiple shelves are filled with a wide variety of liquor bottles, including brands like Jack Daniel's, Bacardi, and others. The lighting is warm and focused on the bottles, creating a typical bar atmosphere.

drinking and driving results in
1 death every 30 seconds

Alcohol

Alcohol related crashes cost the
US

2008

PMV Fatality Rates

(October 1, 2007 to Present)

Navy / Marine Corps

4-Wheel = 15

2-Wheel = 8

Pedestrian = 1

Total = 24

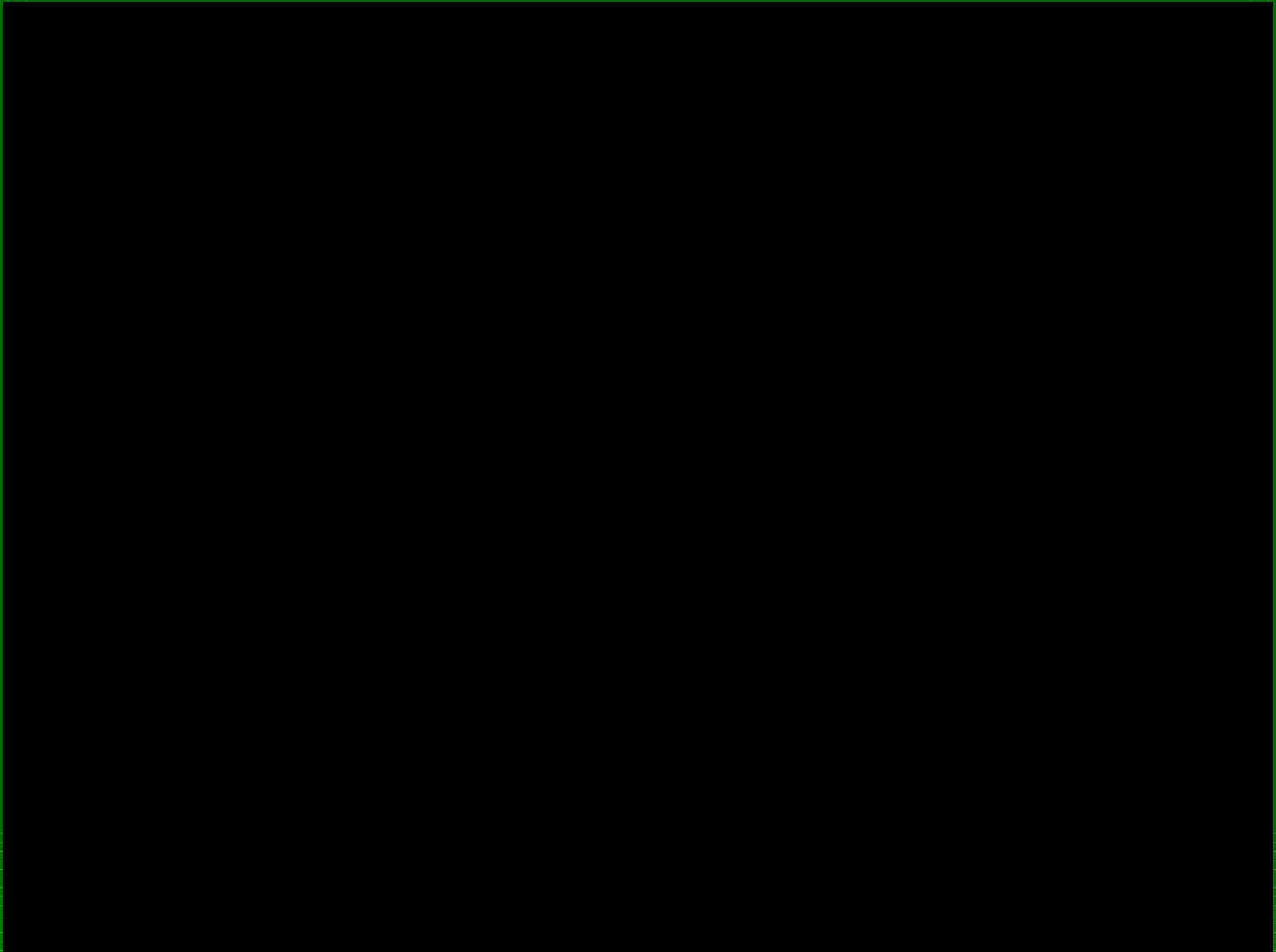


Have a Safe and Happy Holidays !

Back up Slide



Buckle Up !



Questions ????



Navy and Marine FY08 PMV Fatalities

	PMV4	PMV2	PED	TOTAL
• NAVY	9	3	0	12
• USMC	6	5	1	12
TOTAL:				24

